

Junior camp						
	VENERDI 14	SABATO 15	DOMENICA 16	LUNEDI 17	MARTEDI 18	
08.30-		fine accreditamento				
09.00-		Welcome	Warm up	2^ Theoretical training Class-room In inglese"	Warm up	
09.30-		Warm up	4^ Ice- group		7^ Ice-group	
10.00-		1^ Ice - group				
10.30-						
11.00-						
11.30-		Technical break	Baita in montagna Camminata e grigliata	6^ Ice-group	Lunch e Ciao a tutti	
		2^ Ice-group				
12.30-						
13.00-						
13.30-		Lunch	1^ Theoretical training Class-room In inglese	Lunch		
14.00-		Preparazione fisica Pre stagionale Riscaldamento Defaticamento				
14.30-						
15.00-				Game double mix		
15.30-						
16.00-		Technical-break	5^ Ice-group			
16.30-	CHECK ACCREDITATION	3^ Ice- group				
17.00-					Climbing	
17.30-						
18.00-			Minigolf	Dinner	Dinner	
18.30-						
19.00-						
19.30-						
20.00-						
20.30-	Dinner					